

Eat Me at the SJT



Great Food Cocktails Craft Beer



Welcome to Eat Me @ the SJT. There's a few things you need to know. We're passionate about local produce and supporting local businesses. All our produce, where possible, is locally sourced, free range and outdoor reared.

All our food is cooked to order, and at busy times there may be a delay, if you are in a rush for the theatre, the train or collecting the kids please let us know, we will do all we humanly can to get you fed.

Our coffees are our own blends, you won't find them anywhere else! We only use butter on our breads. Our crushed potatoes and chips are skin-on for goodness and our chips are seasoned with Eat Me's own secret seasoning. Also please be aware that **OUR KITCHEN MAY CONTAINS NUTS**, both kinds, but mainly the staff.

If you have special dietary requirements or allergens please let us know and we will try to accommodate. We always have dairy-free butter alternatives, gluten-free bread, soya, coconut & oat milk on request.

We have been awarded the Gold Standard for healthy eating choices. If you prefer low sugar, low salt or low fat options please ask, we can advise and help in many ways.

Table reservations are recommended to avoid disappointment

Eat Me
at the SJT

WELCOME

AVAILABLE TILL NOON ONLY!

THE LONDONER BREKKIE £13.5

2 sausages, 2 bacon, 2 eggs, black pudding, OUR CHIPS, griddled tomato, mushrooms & beans. Choice of white or granary toast and not forgetting a small apple or orange juice

THE TRUE SCOTS BREKKIE £13.5

2 homemade square sausage, 2 bacon, 2 eggs, black pudding, TATTIE SCONE, griddled tomato, mushrooms & beans. Choice of white or granary toast and not forgetting a small apple or orange juice

THE BIG VEGGIE BREKKIE £13.5

2 veggie sausages, 3 falafel bites, 2 eggs, OUR BUBBLE, griddled tomato, mushrooms & beans. Choice of white or granary toast and not forgetting a small apple or orange juice

EMC BIG BOY BREKKIE BURRITO (VO) £10

Our Brekkie Burrito just got bigger & better - 2 bacon, 2 sausage, 2 eggs, 2 hash browns, Maasdam cheese & sriracha sauce, wrapped in a flour tortilla & seared closed. It's almost immoral!!

THE ULTIMATE BREAKFAST TOASTED CIABATTA (VO) £8.8

2 bacon, 2 sausage and a fried egg, the choice of champions, and with a hash brown too!

THE BREAKFAST TOASTED CIABATTA (VGO) £5.8

Deliciously simple, choose either bacon, sausage or vegan sausage, with a hash brown

DIRTY EGGS (GFO, VO) £11

Eggs lovingly scrambled with chorizo, potato, spring onion & coriander, artfully arranged on perfect toast

EAT ME CREAMED MUSHROOMS (GFO, VGO) £9.5

Our infamous creamy mushrooms, laid to rest on thick sliced toast.

SMAASHED AVOCADO (GFO, VO, VGO) £11

Smashed avocado on sourdough toast with 2 poached eggs and choice of bacon or griddled halloumi or both topped with rocket, and finished with sriracha.

CROQUE MONSIEUR or make it a **MADAME** with a fried egg nestled on top! £12 / £13

Our baked ham and cheese with velvety bechamel oozing out all over the place, nothing to scoff at!

EAT ME RAREBIT (V) or pimp it up with **CRISPY BACON** £9 / £10.5

The rarebit of all rarebits! Grilled to golden perfection on thick sliced toast

SALAD OF THE DAY £10 JUST ASK & SEE SPECIALS BOARD **SOUP O'T' DAY!** £5.5

Eat Me BRUNCH, Classics & bites

at the SJT

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SANDWICHES, WRAPS & GRILLED come with side salad & slaw
 CHOOSE Sandwich, Salad or Wrap

EMC FISH FINGER - Caesar or Classic	ALL £10	
EMC CHICKEN CAESAR (GFO)	ALL £10	
CLASSIC BLT (GFO) with mayo	ALL £10	
FETA & WALNUT (VG,GFO)	ALL £10	
CHILLI CHICKEN (GFO) / TOFU (GFO,VG)- Sriracha or Sweet	ALL £10	
SATAY CHICKEN (GFO) / TOFU (GFO,VG) *contains peanuts	ALL £10	
MALAY CURRIED CHICKEN (GFO) / CHICKPEA (GFO,VG) with Shaved Almonds	ALL £10	
HOME COOKED HAM, TOMATO, Lettuce & French's Mustard (GFO)	ALL £10	
TUNA, LIME MAYO (GFO) with Cracked Black Pepper & Rocket	ALL £10	
HUMMUS, ROAST RED PEPPER & ROCKET (GFO, VG)	ALL £10	
CHEESE & RED ONION (GFO, VGO) with Sweet Chilli or Hot Sriracha	ALL £10	
BACON & CHEESE (GFO) - Brie, Cheddar (VGO) or Maasdam	ALL £10	
HOISIN DUCK (GFO) with Cucumber & Spring Onions	ALL £11.5	
		#Grilled
FAMOUS EMC GRILLED CHEESE (GFO) with Parmesan Crust - Add Ham		£12/13
EMC CUBAN (GFO) - Ham, Cheese, Dill Pickle & Mustard		£13
TOMATO ,MOZZARELLA & PESTO (GFO, VGO) - Add Grilled Chicken		£11/12

MAKE ANY SANDWICH TOASTED +£1

Don't forget to check the Specials Board for that little something different

Unfortunately we are now having to charge for takeout boxes as costs are spiralling ONLY 20p per box

Sauces as well - ketchup, brown and mayo still FREE but Sriracha and EMC BBQ 30p

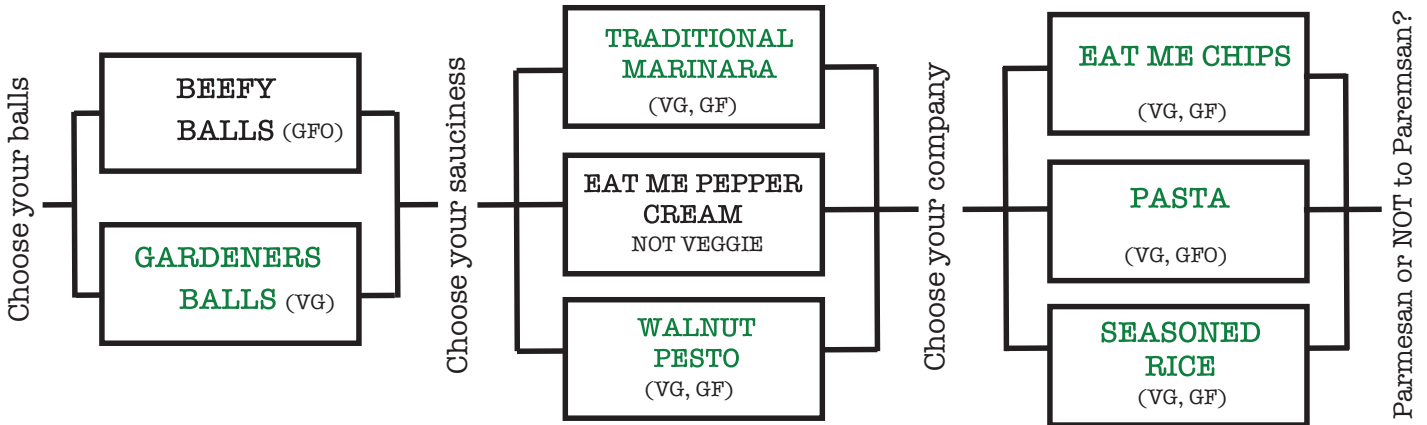
Eat Me SANDWICHES, Salads & wraps
 at the SJT

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All our balls are lovingly rolled by hand, using time-honoured recipes and served with love.
 They come in pairs, plus one, with a side salad thrown in (well, on the side, actually!)

LOVE OUR BALLS

£13



BAKED MAC'N'CHEESE & MORE...

EMC MAC'N'CHEESE (V, VGO, GFO) - Creamy baked cheesy pasta with side salad & garlic slice £11

Then choose any combo you like of:

Chicken Breast, Crispy Chicken Thigh (GF), Chorizo, Bacon or Garlic Mushroom +£1.5 each
 Smoked Salmon +£3 Sloppy Joe +£3 Make it gluten-free +£1 Make it vegan +£1

EATZZA - It's not a f#*!ing pizza. An EMC take on the classic, try the mouthwatering Margherita (VGO), the EMC MeatFeast or look for the amazing Special on the Board £9

EMC LEGENDS

Keep your eyes on the Specials Board for Monkey Fingers, Spunky Chicken and so much more more more.....

Eat Me BALLS, Mac & more...
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EAT ASIANetc

EMC BENTO @ the SJT

£15

Our Japanese box of delights, seasoned rice, asian side salad, vegetables & dip. Then choose *Fried Tofu* (VG), *Crispy Chicken Thigh* (GF), or *Grilled Chicken Breast* with the sauce of the week. Completed with a bowl of broth

EMC KOREAN FRIED CHICKEN (GF) - KNOWN AS DAKGANGJEONG or OUR KFC!

£12.5

Served over our seasoned rice with sweet and spicy Dakgangjeong Sauce, beansprouts & cucumber

BIG BOWLS

ラーメン Ramen is a Japanese soup dish. Our delicious wheat noodle bowl of homemade broth with Chinese cabbage, pak choi & spring onion. Finished with coriander and a half soy egg nestled against nori.

ドンブリ Donburi is a Japanese rice bowl dish - we always have Katsu Curry, Satay, Thai Curry & Asian Spicy available - served over steamed rice, finished with slaw & cucumber.

EAT ME RAMEN

£12

Then choose any combo you like of:

Chicken Breast, *Fried Tofu* (VG) + £1.5 each, Roast Belly Pork +£2.5 Roast Duck +£2.5

Swap to Rice Noodle (GF) +£1

DONBURI

£12

With choice of *Chicken Breast*, *Crispy Chicken Thigh* (GF), *Fried Tofu* (VG) + £1.5 each or *Roast Belly Pork* +£2.5 then your favourite sauce either *Satay Sauce* (GF,VG) *Katsu Curry* (VG) or *Thai Curry of the Day* (VGO) *Spicy Asian* (VGO)

Why not Kai Dao - Thai-style crispy fried egg - any of the above dishes? Deliciously Asian +£2

BURRITO BOWL

£12

Delicious pepper & onion fajita, leaf salad, refried beans, pico de gallo, corn and avocado hummus.

Add Grilled Chicken, *Crispy Chicken Thigh* (GF) or *Fried Tofu* (VG) +£1.5 each

EMC DHAL

£12

Stupendously spiced lentil dhal, with seasoned steamed rice, leaf salad, curried veggies, roti & soy yoghurt


Add Grilled Chicken, *Crispy Chicken Thigh* (GF), or *Fried Tofu* (VG) +£1.5 each

SMALL PLATES – LIKE A STARTER BUT WE WON'T WAIT

All £6 each or 3 for £16.5 and great for sharing before the Main Event

ROTI CANAI (2) (VG) - A Malaysian everyday staple, delicate layers of golden puffy crispy loveliness with a mild curry dipping sauce that's more than moreish

JAPANESE GYOZA DUMPLINGS (5) - These Japanese dumplings are a perfect start to any meal, you can share, but you will regret it! Choose from Vegetable (VG) or Chicken

EAT ME CHICKEN SATAY (GF) - Crispy chicken thigh, sliced and smothered in our seriously Thai satay sauce. I mean really?! 

KOREAN DAKGANGJEONG (GF) - Our Asian crispy chicken thigh, sliced and smothered in amazing Korean sweet spicy dakgangjeong sauce. Classically Korean, totally delicious.

SMALL PLATE SPECIALS - See **Specials Board** for yet more sharing loveliness, but you don't have to share!

Eat Me **BIG BOWLS**, Eat Asian & smalls
at the SJT



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BURGER ME

All our Burgers are served with choice of Brioche (can be Vegan), Ciabatta, GF or Asian Style (Lettuce Wrapped) with Our CHIPS & Slaw, completed with Monterey Jack Cheese (can be Vegan), EMC Relish, Lettuce, Tomato & Pickle

CLASSIC STEAK SMASH DOUBLE (GF,LFO)	£14
EMC CRISPY CHICKEN THIGH (GF)- <i>Grilled Chicken Breast on request!</i>	£14
THE FAMOUS BEAN BURGER (VGO)	£14
THE NUTTY BEAN BURGER (VGO) (We added walnuts!)	£14.5
EMC HALLOUMI & GARLIC MUSHROOM COMBO this one comes with Sriracha Mayo	£14
THE ASIAN PBJ LEGEND choose your patty smothered in sweet chili and our satay sauces	£16

UPGRADES!

Mac'n'Cheese (GFO,VGO) +£3.5 Double Burger +£3.5 Bacon, Mushroom, Fried Egg +£1.5 each
 Griddled Halloumi +£2.5 Kai Dao - Thai-style Crispy Fried Egg +£2 Sloppy Joe (see below)+£3

etc THE SLOPPY JOE (GF,LF) Our delicious Sloppy Sweetfire Spiced Ground Steak, served <i>like</i> a burger but with added messiness, its a party in a bun!	£13
Or try it as a SLOPPY DOG - gorgeous bratwurst dog smothered in spicy messiness	£13

Etc.....

etc QUESADILLA EMC STYLE (LFO,VGO)-, served with our CHIPS & Slaw It starts with Cheddar (can be <i>vegan</i>). Then choose your combo from; <i>Peppers, Mushrooms</i> +£1 each <i>Tofu, Vegan Sausage, Avocado</i> , Chicken (<i>Crispy or Grilled</i>), Chorizo, <i>Bacon</i> or <i>Sausage</i> +£1.5 each Finally get saucy with either; <i>Hot Sriracha, Sweet Chilli, Mayo, EMC BBQ or EMC Relish</i> on the side!	£12
etc EAT ME MELTS - Chicken & Bacon (gfo, lfo), Tofu (gfo,v, vgo) both are layered with EMC BBQ Sauce & Monterey Jack Cheese (vgo) Served on Toasted Ciabatta with Eat Me Chips and Slaw	£13
etc GRILLED CHICKEN & CHORIZO with tomatoes (GF, LFO) Served with seasoned steamed rice and slaw	£11.5
etc EAT ME CHEEKY CHILLI - starts @ medium hot, ask for preference (GF, LFO) Served with seasoned steamed rice and slaw	£11.5

SIDES

OUR CHIPS - Say what? our handcut, twice fried, secret seasoned chips. Who wants those?	£4.5
TRY AN EMC CHIP BUTTY with our PEPPER SAUCE POUTINE OR <i>CHEESE SAUCERY</i>	£7.5
EAT ME SIDE SALAD	£2.5
EAT ME SEASONED STEAMED RICE	£2.2
ETC... Satay Sauce, Slaw, Halloumi	ALL £2.5

**** Please note all our Slaw & EMC Sauce (Homemade burger relish) is Vegan**

Eat Me BURGERS, etc & Sides
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